



DATE ADOPTED:
DATE REVIEWED: 2001, 2004, 2007
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Alabama Department of Postsecondary Education

Representing Alabama's Public Two-Year College System

Jefferson State Community College

PSY 210 Human Growth and Development

- I. PSY 210 Human Growth and Development - 3 Semester Hours**
Core Area IV, ASCI TSCI (Lec 3 hrs)
- II. Course Description**
This course is a study of the psychological, social, and physical factors that affect human behavior and development from conception to death.
- III. Prerequisite**
PSY 200
- IV. Textbook**
Berger, Kathleen S. Developing Person Thru the Life Span 8th edition.
Worth publishing. ISBN: 0-7167-6080-0
- V. Course Objectives**
 - A. Understand the basic scientific methods of research in life-span development.
 - B. Understand and describe the physical, cognitive, and emotional changes that occur throughout the life span.
 - C. Understand the theories of language and cognitive developments.
 - D. Understand the major biological and environmental influences on human growth and development.
 - E. Understand the role of culture in life-span development.
 - F. Understand the perspectives and issues related to death and dying.
- VI. Course Outline of Topics**
 - A. Scientific research methods
 - B. Concepts of life-span development
 - C. Theories of growth and development
 - D. Prenatal growth and development
 - E. Biological foundations
 - F. Sociocultural influences
 - G. Cross-cultural variations
 - H. Physical, cognitive, psychosocial development in – infancy, childhood, adolescence, Adulthood
 - I. Death and Dying

VII. Evaluation and Assessment

Written Assessment

Grades will be given based upon A = 90 – 100%, B = 80 – 89%, C = 70 – 79%, D = 60 – 69%, and F = below 60%.

VIII. General Course Competencies

- A. The student will acquire knowledge of the nature of human development throughout the life span.
- B. The course will enable the student to recognize the periods and special aspects of life span development.
- C. The student will be able to identify theories and models of human development.
- D. The course will enable the student to name the methodology used in the study of life span development.
- E. The student will acquire understanding of the principles of development.
- F. The course will enable the student to recognize the effects of genetic and environmental influences on human development throughout the life span.

IX. Course Competencies Stated in Performance Terms

- A. The student will acquire knowledge of the nature of human development throughout the life span.
 - 1. The student will discover that human development is seen in behavioral changes which result from the interaction of genetic and environmental factors.
 - 2. The student will understand that behavioral changes are both quantitative and qualitative.
- B. The course will enable the student to recognize the periods and special aspects of life span development.
 - 1. The student will describe developmental patterns in the cognitive, physical, and psychosocial aspects of life span development.
 - 2. The student will list aspects of development unique to each state of development.
 - 3. The student will outline and name the major developmental stages in the life span.
- C. The student will be able to identify theories and models of human development.
 - 1. The student will describe psychoanalytical, behavioral, and cognitive (where applicable) of life span development.
 - 2. The student will distinguish the similarities and differences among psychoanalytic, behavioral, and cognitive (where applicable) theories of life span development.
- D. The course will enable the student to name the methodology used in the study of life span development.
 - 1. The student will know and state methods used in the study of the life span.
 - 2. The student will recognize the value of research in the study of the life span.
 - 3. The student will interpret research and methodology germane to the study of the life span.
- E. The student will acquire understanding of the principles of development.
 - 1. The student will name the principles of development.
 - 2. The student will state the critical periods of human development.
 - 3. The student will trace how individuals develop in the same sequence and chronology, but with individual variations and timing.

- F. The course will enable the student to recognize the effects of genetic and environmental influences on human development throughout the life span.
1. The student will explain the interaction of genetic and environmental influences on human development in each stage of development.
 2. The student will compare and contrast the genetic and environmental influences from an international cross-cultural viewpoint.
 3. The student will justify the importance of genetic or environmental influences on human development.

X. Attendance

Students are expected to attend all classes for which they are registered. Students who are unable to attend class regularly, regardless of the reason or circumstance, should withdraw from that class before poor attendance interferes with the student's ability to achieve the objectives required in the course. Withdrawal from class can affect eligibility for federal financial aid.

XI. Statement on Discrimination/Harassment

The College and the Alabama State Board of Education are committed to providing both employment and educational environments free of harassment or discrimination related to an individual's race, color, gender, religion, national origin, age, or disability. Such harassment is a violation of State Board of Education policy. Any practice or behavior that constitutes harassment or discrimination will not be tolerated.

XII. Americans with Disabilities

The Rehabilitation Act of 1973 (Section 504) and the Americans with Disabilities Act of 1990 state that qualified students with disabilities who meet the essential functions and academic requirements are entitled to reasonable accommodations. It is the student's responsibility to provide appropriate disability documentation to the College. The ADA Accommodations office is located in FSC 300 (205-856-7731).