

### GENERAL PROGRAM INFORMATION

#### **What is a Physical Therapist Assistant (PTA)?**

The Physical Therapist Assistant (PTA) is a technically educated health care provider who works under the supervision of a physical therapist. The PTA performs duties and carries out treatment plans as directed by the physical therapist. Duties of the PTA are varied and include but are not limited to the application of physical modalities, exercise programs, gait training, functional activities, and patient education. Work in physical therapy includes physical activity such as bending, lifting patients, and prolonged standing and walking. Physical therapist assistants utilize various rehabilitative techniques to help patients whose abilities have been impaired by an accident, injury, illness, disease or other health-related conditions that limit movement and functional abilities. Clients include adult and pediatric patients with orthopedic and neurologic injuries and various medical conditions. Employment settings include acute care and rehabilitation hospitals, outpatient clinics, schools, nursing homes, home health and sports medicine clinics. The Physical Therapist Assistant is an important member of the dynamic rehabilitation team and will interact with other health care providers including occupational therapists and assistants, nurses, speech pathologists, and physicians.

#### **Is the Physical Therapist Assistant Program an accredited program?**

Yes. The PTA Program at Jefferson State Community College is accredited by the Commission on Accreditation for Physical Therapy Education (CAPTE) of the American Physical Therapy Association (APTA). CAPTE is the only accreditation agency recognized by the United States Department of Education (USDE) and the Council for Higher Education Accreditation (CHEA) to accredit entry-level physical therapist and physical therapist assistant education programs. Further information about accreditation can be obtained online at [www.capteonline.org](http://www.capteonline.org).

#### **Can you provide me a general overview of the program?**

The Physical Therapist Assistant Program at Jefferson State Community College is an associate-level program that results in the awarding of the Associate of Applied Science (AAS) degree. The degree is awarded after one year of prerequisite coursework and one year of professional coursework. Once the student has completed the program and graduates, they are qualified to sit for the National Board Exam for professional state licensure. The program is designed to prepare competent, ethical, entry level physical therapist assistants in occupational responsibilities, academic knowledge and the clinical skills necessary to serve the physical therapy health care needs of the public.

#### **How long does it take to complete the program?**

The degree is awarded after one year of prerequisite coursework and one year of professional coursework. The professional phase of the program is three (3) consecutive semesters of specific PTA courses.

#### **I have not discussed my goals with an advisor. How do I contact an advisor?**

All students are strongly encouraged to seek academic advising on a regular basis in order to achieve their educational goals. Academic advisors may be contacted at (205) 856-7775, 1-800-239-5900, x 7775 or [advising@jeffstateonline.com](mailto:advising@jeffstateonline.com). General online advising is located at <http://www.jeffstateonline.com/Advising/index.aspx>. For specific PTA-related questions, please contact a department advisor at (205)983-5995.

#### **I have listed PTA as my major; am I automatically in the Physical Therapist Assistant Program?**

No. Admission to the college as a PTA major does not guarantee admission to the program. Please refer to the PTA program website for specific program requirements and application procedures.

#### **How many students typically apply to the program?**

The JSCC PTA program receives many applications per year. Those meeting minimum qualifications are ranked per published criteria. The program accepts a limited number of students.

# Jefferson State Community College

## PTA Frequently Asked Questions

### Where is the program located?

The program is located at the Shelby-Hoover Campus of Jefferson State Community College. The program is housed on the 3<sup>rd</sup> floor of the General Studies Building located at 4600 Valleydale Road, Birmingham, Alabama 35242.

### Is there a program website?

Yes. Program information can be found on the website: [www.jeffstateonline.com/PTA](http://www.jeffstateonline.com/PTA).

### When does the program begin?

The program begins in the summer semester each year.

### When is the next application due date?

Applications are only accepted once a year. Applications are due every January 15<sup>th</sup> by 4pm.

### What does the program cost?

The estimated costs for the On-Campus and Online programs are listed below. Please note that **Tuition and Fees are subject to change by the State Board of Education without notice.** The list below does not include other fees associated with transportation/lodging on clinical rotations, small lab supplies (gait belt, goniometer), or other incidentals.

Pre-requisite Coursework (In State) – 29 credit hours x \$146	\$4234.00
Pre-requisite Coursework (Out of State) – 29 credit hours x \$261	\$7569.00
Professional Coursework (In State) – 40 credit hours x \$146	\$5840.00
Professional Coursework (Out of State) – 40 credit hours x \$261	\$10440.00
Uniform Lab Coat	\$45.00
Name Badge, Replacement	\$5.00, \$15.00
Costs associated with Dress Code	Varies
Books Semester 1 Approximately	\$800.00
Semester 2 Approximately	\$300.00
Semester 3 Approximately	\$200.00
Liability Insurance	\$15.00
Health Insurance	Varies depending on provider
Medical Exams, Tests, and Immunizations	Varies depending on provider
Drug/Alcohol Screening, Background Check, Driving Record History	\$100.00
APTA Student Membership (Annual Dues Including State Dues)	\$85.00
Licensure Preparation Course (Optional)	\$85.00
PEAT-Practice Exam and Assessment Tool (Optional)	\$90.00
Licensure Application and Testing Fees	\$530.00

(Based on the [AL State Board Fee Schedule](#) and does not include testing center fee)

## PHYSICAL THERAPIST VS PHYSICAL THERAPIST ASSISTANT

### I am interested in becoming a PHYSICAL THERAPIST. What courses do I need to take?

Any student interested in attending school to become a physical therapist must contact the school they wish to attend. For information on PT Education and accredited PT schools, visit the [APTA](http://www.apta.org) website (www.apta.org).

**I am interested in becoming a PHYSICAL THERAPIST but want to become a PTA first, what courses will transfer to a PT program?** Students need to contact the PT school of interest to determine which pre-requisites may transfer. The actual core PTA courses will not transfer to a PT program.

### I am trying to decide what career program to pursue. What is the salary difference between a PT and PTA?

Salaries vary according to experience, setting, location and other variables. Statistics on occupational employment and wages may be accessed through the United States [Department of Labor](http://www.dol.gov) website (www.dol.gov).

### PTA PROGRAM CLASS SCHEDULE

What kind of schedule can I expect once I am admitted into the program?

#### TRADITIONAL/ON-CAMPUS PROGRAM

**1<sup>st</sup> semester:** Students are present for lecture courses on Mondays and Wednesdays. Students must be present for lab courses all day on Tuesdays, Thursdays, and Fridays. There will be circumstances in which participation on a Saturday may be required.

**2<sup>nd</sup> semester:** Students are present for lecture courses on Mondays, Wednesdays and Fridays; and are present for lab courses on Tuesdays and Thursdays. There will be circumstances in which participation on a Saturday may be required. All students will be assigned to a two-week, full-time (40 hours/week) clinical during this semester.

**3<sup>rd</sup> semester:** In addition to academic courses, PTA students are required to participate in clinical practicum and lab experiences off campus at health care facilities. During the 3rd semester, each student is assigned to 16 weeks of full-time (40 hours/week) clinical placement. These internships are supervised by licensed clinical instructors in a variety of physical therapy settings. The clinical schedule typically involves a student to be present Monday through Friday 8 am to 5 pm; however, students must follow the schedule of their designated clinical instructor. Additional hours or participation on weekends during clinical assignments may be required. Clinical placement may be geographically distant from home or permanent address and will be assigned by the Academic Coordinator of Clinical Education (ACCE) based on Program goals, objectives, and necessary learning experiences. Students are responsible for their own transportation and lodging for clinical education and off- campus experiences.

This course sequence is preferred by students who desire a more structured learning environment. On-campus classes are all enhanced and/or supported by the Blackboard course-management system. A portion of the on-campus program is delivered through distance education services.

#### INTERNET/ONLINE PROGRAM

This is a hybrid program and **CANNOT** be completed entirely online. All students are required to be on campus for laboratory sessions and clinical experiences. Lecture courses available online may still require that PTA students visit instructional sites to give presentations or to complete exams, quizzes, labs and/or clinicals.

**1<sup>st</sup> Semester:** Students are present for laboratory courses all day on Tuesdays, Thursdays, and Fridays. There will be circumstances in which participation on a Saturday may be required. All lecture courses are completed online.

**2<sup>nd</sup> semester:** Students are present for laboratory courses all day Tuesdays and Thursdays. All lecture courses are completed online. There will be circumstances in which participation on a Friday or Saturday may be required. All students will be assigned to a two-week, full-time (40 hours/week) clinical during this semester.

**3rd semester:** In addition to academic courses, PTA students are required to participate in clinical practicums and lab experiences off campus at health care facilities. During the 3rd semester, each student is assigned to 16 weeks of full-time (40 hours per week) clinical placement. These internships are supervised by licensed clinical instructors in a variety of physical therapy settings. The clinical schedule typically involves a student to be present Monday through Friday 8 am to 5 pm; however, students must follow the schedule of their designated clinical instructor. Additional hours or participation on weekends during clinical assignments may be required. Clinical placement may be geographically distant from home or permanent address and will be assigned by the Academic Coordinator of Clinical Education (ACCE) based on Program goals, objectives, and necessary learning experiences. Students are responsible for their own transportation and lodging for clinical education and off- campus experiences.

Overall, the internet course sequence is preferred by students who desire some flexibility during the school week. However, online students must be highly organized; the online environment requires more planning, preparation, and detail. The online student must also be very motivated, disciplined, self-directed and willing to and make the time commitments involved with assuming this challenging responsibility.

# Jefferson State Community College

## PTA Frequently Asked Questions

### GPA AND ACT EXAM

#### What GPA is required for application eligibility?

Students must have an overall GPA of 2.5 on all college coursework. Students must also demonstrate a minimum GPA of 2.5 on PTA program-specific prerequisite coursework. Although 2.5 GPA is the minimum required, the applicant pool average is usually much higher.

#### My GPA on prerequisite coursework is over 2.5 but I have a “D” (or below) for one course, is this acceptable?

NO. Grades earned for prerequisite courses must be “C” or above.

#### What is the average GPA and ACT score of students applying to the program?

The average GPA varies with each applicant pool. Statistics for the last reporting periods:

	Average Overall GPA	Average PTA Prerequisite GPA	Average ACT
2014 Top 30	3.35	3.73	25
2013 Top 36	3.56	3.80	24
2012 Top 36	3.48	3.70	24

#### Where can I take the ACT exam?

A student may register for the National exam at [www.actstudent.org](http://www.actstudent.org) and choose the location through the registration process. Residual ACT exams may be taken at JSCC. Contact the testing center for exam information and offerings.

Jefferson: (205) 856-7896

Shelby: (205) 983-5908

St.Clair-Pell City: (205) 812-2712

[testing@jeffstateonline.com](mailto:testing@jeffstateonline.com)

#### What is a residual ACT exam?

This is an on-campus test provided by ACT-participating colleges to enrolled/admitted students who were unable to test on a national test date. Results are reported **only** to the college administering the exam. No official ACT student reports are generated and no additional score reports will be generated to report scores to any other institution; a simple test results page may be provided to the student and uploaded into the school database within a short time frame. Testing can be conducted on any date except an ACT national test date. Students may not repeat residual testing until 60 days have passed since their previous testing.

#### I believe I need pre-ACT exam assistance or review; are there any resources?

For ACT exam preparation, please contact: Barbara Goss, Director of Libraries, Jefferson State Community College, 4600 Valleydale Road, Birmingham, AL 35242, (205)983.5935, Email: [bgoss@jeffstateonline.com](mailto:bgoss@jeffstateonline.com)

#### I have **or** am about to receive a Bachelor’s Degree (or higher level degree), do I still need to take the ACT exam?

YES. There are **no exceptions**. All applicants must provide proof of achieving a composite score of 21 on the ACT examination. The ACT composite must be achieved within three (3) years prior to the deadline. The scores must be included with the application and on file with enrollment services by the deadline.

#### I have taken the ACT exam years ago. Do I still need to take it again?

YES. There are **no exceptions**. All applicants must provide proof of achieving a composite score of 21 on the ACT examination. The ACT composite must be achieved within three (3) years prior to the deadline. The scores must be included with the application and on file with enrollment services by the deadline.

#### I received a composite of less than 21, can I still apply?

Applicants who do not meet the minimum qualifications will not be considered for the program. All applicants must provide proof of achieving a composite score of 21 or higher on the ACT examination. The ACT composite must be achieved within three (3) years prior to the deadline. The scores must be included with the application and on file with enrollment services by the deadline.

#### Do you combine the high score of all ACT exams taken?

NO.

#### Do I have to take the written portion of the ACT?

No, this portion is not required, only MATH, SCIENCE, READING and ENGLISH

#### How many times may I take the ACT?

Please refer to the Retest Restrictions located on the ACT website:

<http://www.actstudent.org/regist/retestrestrictions.html>

### PREREQUISITE COURSES

**What courses are required to be considered for admission into the program?**

Nine (9) pre-requisite courses are required: Anatomy and Physiology I (4), Anatomy and Physiology II(4), English 101(3), General Psychology(3), Human Growth and Development(3), Math 100(3), Medical Terminology(3), Speech(3) and a Humanities(3) course. Please refer to admissions requirements for details on these courses, time restrictions, and other procedural requirements necessary for admission.

**Do I have to complete the prerequisite course in one year and in what order do I need to take them in?**

No, students interested in applying to the program do not have to take all prerequisites in one year or in any specific order (except when taking courses with a prerequisite, i.e. BIO 201 before BIO 202). However, the core PTA program must be completed in the specific sequence designed.

**Do I need to complete all the prerequisite courses prior to the application deadline?**

No. Students do not need to have all courses completed by the application deadline. **ALL** students are advised to complete as many courses possible to improve their admission ranking score. (Please keep in mind other admission requirements must be completed by the deadline).

Students still taking courses by the application deadline may be considered on a conditional basis if courses are in progress with the intent to complete by the end of Spring Semester and before the professional phase begins. For example, if a student is applying for the Summer 2016 program and is taking 2 courses Spring 2016, they may apply as long as the courses are in progress with the intent to complete by the end of Spring Semester 2016.

Those applicants that meet all qualifications by the deadline, demonstrate an excellent academic record, perform well on the ACT, and provide documentation of observation experience in the appropriate settings will achieve a high candidate score (per admissions ranking formula) thus increasing their chances of getting into the program.

**I went to another college/university; will my credits transfer?**

Each student should have official transcripts sent to JSCC for transcript evaluation. You may contact the Records office to ensure transcript evaluation at (205) 856 – 7704 or by email [records@jeffstateonline.com](mailto:records@jeffstateonline.com).

**I have taken Anatomy and Physiology I&II, but it is over 5 years ago; can I still apply?**

Anatomy and Physiology I & II courses must be completed within 5 years of the deadline; only exception is if a student has documentation of having completed BIO 220 Human Pathophysiology with a grade of “C” or higher within 5 years. Otherwise, the candidate must retake A&P I&II to be considered for the program.

**I have been working “in the field”; do I still have to take Anatomy and Physiology I and II over again if it is older than 5 years?**

YES. All applicants must complete Anatomy and Physiology I&II within 5 years of the application deadline.

**I have taken higher level anatomy courses; do I still have to take Anatomy and Physiology I and II?**

All students must have a record of BIO 201 and 202 no older than 5 years. An exception may be made if the student can provide documentation of having passed BIO 230 Human Pathophysiology with at least a C within the last 5 years. May consider grades achieved in upper level anatomy and/or physiology for ranking purposes only if credit for BIO 201/202 is within the 5 year period. Students should request review of appropriate upper level courses in writing and submit with application.

**I have taken Kinesiology (or similar) courses before; do I still have to take the Kinesiology course sequence once in the PTA program?**

YES. All students accepted into the program must take program courses in the directed sequence.

**I noticed that the ranking formula awards 2 bonus points for certain courses, is this correct?**

YES. To qualify a student must have: Documentation of having completed PHS 112 **or** any Physics course with a grade of “C” or higher **or** completion of an Intro to PTA seminar. Either option will add a bonus of 2 points to the ranking score. This is a one-time bonus only; candidates will not receive additional points for additional courses in this category. Please refer to the PTA Website at [www.jeffstateonline.com/PTA](http://www.jeffstateonline.com/PTA) for dates of the PTA seminar sessions.

**Can I qualify for additional points by taking PTA 120 Introduction to Kinesiology?**

Yes. PTA 120 is an optional course but it is highly recommended for students interested in the PTA Program. This course is only available at JSCC. Students may qualify for additional application points based on enrollment or based on the grade received upon completion. Please refer to the most current ranking formula located on the PTA Website at [www.jeffstateonline.com/PTA](http://www.jeffstateonline.com/PTA).

**I have completed all prerequisites but would like to take additional courses this semester; are there any other courses recommended to better prepare for the program?** These courses are suggested only, they are not required.

- **PTA 120 Introduction to Kinesiology (3 u)** – no prerequisite; highly recommended for all PTA candidates. Students may qualify for additional application points based on enrollment or based on the grade received upon completion.
- **SPA 101 Introductory Spanish 1 (4 u)** – no prerequisite
- **ENG 102 English Composition II (3 u)** – prerequisite: “C” or higher in Eng 101
- **PHL 206 Ethics and Society (3 u)** – no prerequisite
- **PHS 112 Physical Science II (4 u)** – no prerequisite
- **PHY 115 Technical Physics (4 u)** – prerequisite: MTH 100. Algebra-based with concepts in: motion, forces, torque, electricity, etc
- **PHY 201 General Physics 1 (4 u)** – prerequisite: MTH 113 or equivalent. Trig-based with concepts in: mechanics, properties of matter and energy, thermodynamics and periodic motion (PT school applicants need PHY sequence)
- **MTH 113 or higher** (for applicants interested in pursuing a PT degree)
- **BIO 230 Human Pathophysiology (4u)**– Prerequisites: BIO 201, BIO 202 and BIO 220.

Students without experience using computer-based systems may want to consider a course in Information Systems or Microcomputer Applications.

For students wanting to complete CPR certification/recertification: HED 231 First Aid (3 u) – no prerequisite. Includes standard and advanced requirement of the American Red Cross; CPR and AED training are also included or HED 277 CPR Recertification (1 u) – prerequisite: valid CPR Certification.

## OBSERVATION HOURS

### How many observation hours are required?

All applicants must provide signed documentation from a licensed PT or PTA of exposure to **75 hours** of observation, work or volunteer experiences in a physical therapy setting. At least **25 hours** must involve exposure to an acute care (hospital-based), inpatient rehabilitation, or skilled nursing facility setting. These hours must be achieved within **1 year** of the application deadline.

### Where can I find the observation forms?

Forms are located on our website at [www.jeffstateonline.com/PTA](http://www.jeffstateonline.com/PTA). Applicants must provide Documentation of Physical Therapy Observation for each facility in which hours are completed. Documented hours will not be credited without the appropriate JSCC PTA Forms.

### What are the steps for arranging observation hours?

The observation experience should be arranged by the applicant. The applicant should call a local facility and identify himself or herself as an applicant to the PTA Program at Jefferson State Community College. Arrange the hours of visitation with the rehab facility manager, or appropriate person. Some facilities require students to go through volunteer services or orientation procedures. It is not advised to wait right before the deadline to arrange these hours as many facilities will not be able to accommodate students. Dress codes and other guidelines required of the observing student should be followed.

### I will NOT have my volunteer hours completed by the deadline; can I finish them after the deadline?

**NO.** All hours must be completed by the application deadline. Documentation must be signed by the supervising PT or PTA and must be provided with the application. There are no exceptions.

### I have completed the observation hours, but the forms are not signed by a licensed PT or PTA; does that count?

**NO.** Observation/volunteer or work experiences must be supervised and signed by a licensed PT or PTA only. We will not accept documentation signed by an athletic trainer, nurse, physician, massage therapist, facility secretary or any other person.

### I was once a patient in a physical therapy setting; may I use the time spent as a patient to count for my observation?

**NO.** Each applicant must obtain unique physical therapy observation/volunteer or work hours supervised by a licensed PT or PTA. Hours documented as a patient are not acceptable.

### Will these hours be verified?

**YES.** Faculty will verify hours with appropriate supervising therapists. Documentation should be legible; please avoid the use of white-out on any form. If there is a conflict of interest or potential for a conflict of interest, students should seek an alternate facility for observation.

# Jefferson State Community College

## PTA Frequently Asked Questions

### APPLICATION

#### Where do I find an application?

Please visit our website at [www.jeffstateonline.com/PTA](http://www.jeffstateonline.com/PTA)

#### Do I need letters of recommendation and will they improve my chances of getting into the program?

Letters of recommendation are **not** required. Letters of recommendation will not be reviewed and will not improve a candidate's qualifying rank.

#### Is health insurance required by the deadline?

NO, this is not required by the application deadline. All students accepted must provide documentation of current in-force health/hospitalization insurance by the start of the 1st PTA Core Semester (by the 1<sup>st</sup> week of the program). Applicants may provide a copy with the PTA application if they have documentation at the time of the deadline.

#### Is CPR certification required by the deadline?

NO, this is not required by the application deadline. All students accepted must provide documentation of CPR certification, less than 2 years old, at the health care provider level (one-rescuer CPR-adult, one rescuer CPR-infant/child, airway obstruction, and two-rescuer CPR) by the date established by the Academic Coordinator of Clinical Education. If a student has current documentation, this may be included with the application materials.

### IMPORTANT CONTACT INFORMATION

#### Program Director/Advisor

Vanessa LeBlanc GSB 316F

(205) 983-5995

[vleblanc@jeffstateonline.com](mailto:vleblanc@jeffstateonline.com)

#### ACCE/Advisor

Leslie Naugher GSB 316E

(205)983-5996

[linaugher@jeffstateonline.com](mailto:linaugher@jeffstateonline.com)

#### Instructor/Advisor

Cindy Elliott GSB 316A

(205)983-5270

[cwelliott@jeffstateonline.com](mailto:cwelliott@jeffstateonline.com)

**General Admissions:** (205) 856-7704

[admissions@jeffstateonline.com](mailto:admissions@jeffstateonline.com)

**Enrollment Services:** (205) 856-7704

[help@jeffstateonline.com](mailto:help@jeffstateonline.com)

#### Records:

For Transcript Evaluation, students may contact enrollment services and request a transcript evaluation form.

**Academic Advising:** (205) 856-7775

[advising@jeffstateonline.com](mailto:advising@jeffstateonline.com)

**Financial Aid:** (205) 856-8511

[finaid@jeffstateonline.com](mailto:finaid@jeffstateonline.com)

#### Testing:

Jefferson: (205) 856-7896

Shelby: (205) 983-5908

St.Clair-Pell City: (205) 812-2712

[testing@jeffstateonline.com](mailto:testing@jeffstateonline.com)

#### Accreditation

The Physical Therapist Assistant Program at Jefferson State Community College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, Virginia 22314; telephone: 703-706-3245; email: [accreditation@apta.org](mailto:accreditation@apta.org); website: [www.capteonline.org](http://www.capteonline.org).

#### Statement of Equal Opportunity

Jefferson State has filed with the Federal Government an Assurance of Compliance with all requirements imposed by or pursuant to Title VI of the Civil Rights Act of 1964 and the Regulations issued thereunder, to the end that no person in the United States shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity sponsored by this institution. It is also the policy of Jefferson State to be in accordance with Title IX of the Education Amendments of 1972 which provides that "no person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any educational program or activity receiving Federal financial assistance."

#### Non-Discrimination Policy

It is the official policy of the Alabama State Department of Postsecondary Education, including postsecondary institutions under the control of the Alabama State Board of Education, that no person in Alabama shall, on the grounds of race, color, disability, sex, religion, creed, national origin, or age, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program, activity, or employment.