



Jefferson State
COMMUNITY COLLEGE
Child Development Program



Presents

The 42nd Annual Stepping Stones Conference 2019

FEATURING KEYNOTE SPEAKER

Dr. Kimberly Johnson

Author and Motivational Speaker

And other great presenters

Saturday, July 20, 2019

7:30 am until 2:30 pm

Jefferson State Community College, Shelby-Hoover Campus

Health Sciences Building

4600 Valleydale Road

7:30 a.m.	Registration
8:00 to 8:15 a.m.	Opening Remarks / Breakfast
8:25 to 9:40 a.m.	Break Out Session I
9:50 to 11:05	Break Out Session II
11:15 to 12:30	Break Out Session III
12:30	Boxed Lunch is served
12:50 to 2:30	Key Note: Dr. Kimberly Johnson / Q&A

<p align="center">Session 1 8:25 to 9:40 a.m.</p>	<p>Pre select your first and second choice for each Session period. Indicate your first and second choice on page 5. Selections are on a 1st registered basis.</p>
<p>Training Target Group: Preschool Level: Intermediate Training Hours: 1.25</p>	<p>EVERYDAY MATH By: Lisa Kirkland Heritage Child Development Center, Grady, Alabama This presentation will be hands-on learning as teachers explore ways to use everyday items to enhance math skills in the preschool classroom. Participants will create an activity that can be used in their classroom. The presenter will discuss with participants ways to engage preschoolers in math to help develop math concept skills.</p>
<p>Training Target Group: Administrators Level: All Training Hours: 1.25</p>	<p>DEVELOPING A PROGRAM SAFETY PLAN By: Mark Bailey JSCC Chief of Police Every child care center should have a plan for all safety in all program areas. Chief Bailey will walk you through the A-B-C's of developing a comprehensive safety plan for your child development program.</p>
<p>Training Target Group: Pre-School to School Age Level: All Training Hours: 1.25</p>	<p>THE MAGIC OF STEAM BY: Jan Mattingly Dynamic Education Adventures CEO This session is designed to stimulate exciting and engaging methods to teach SETAM in all classrooms. Session will include demonstrations as well as hands on activities.</p>
<p>Training Target Group: Birth to 5 years old Level: Intermediate Training Hours: 1.25</p>	<p>WHY DO KIDS MISBEHAVE / INTERVENTION STRATEGIES TO PREVENT CHALLENGING BEHAVIORS By: Kathryn M. Pirkle Alabama Department of Early Childhood The session will focus on prevention strategies as a means for helping teachers establish a quality early learning environment that encourages positive behaviors. The session will help attendees identify the main reasons for challenging behaviors along with risk and protective factors that may affect resilience and social and emotional health.</p>
<p>Training Target Group: All Training Level: Basic Training Hours: 1.25</p>	<p>BE COOL: CHILL OUT, DON'T BURN OUT! By: Melissa Sudduth University of Alabama What is stress? How does it impact us and the work we do with children? The daily hassle can pile up to be as harmful as major stress. Participants will make a connection between their own stress levels and how it impacts their work with children. This workshop will investigate and break-down stress and coping techniques to help you make both manageable.</p>
<p>Training Target Group: Preschool Level: Basic/ Intermediate Training Hours: 1.25</p>	<p>HOW TO KEEP YOURSELF IN TACT: ADULT RESILIENCY By: Theresa Patterson Alabama State Department of Education Research confirms the connection between health and wellbeing of children and the adults caring for them. Participants will learn how to encourage and re-energize themselves emotionally using breathing techniques; small to large group discussions based on the adult resilience survey.</p>

<p>Session 2</p>	<p>Pre select your first and second choice for each Session period. Indicate your first and second choice on page 5. Selections are on a 1st registered basis.</p>
<p>Training Target Group: Infants/ Toddlers</p> <p>Level: Beginner</p> <p>Training Hours: 1.25</p>	<p>NO MORE BITING</p> <p>By: Lisa Kirkland</p> <p>Heritage Child Development Center, Grady, Alabama</p> <p>Get prepared to discuss why toddlers bite, ways to prevent biting, and how to develop policies related to biting that protect and reassure both children and adults. The presenter will discuss ways to help participants create a plan to help reduce biting in the child care setting. Through role-play the session will help participants develop skills for working with parents and those parents of children who have been bitten.</p>
<p>Training Target Group: Administra- tors</p> <p>Level: Intermediate</p> <p>Training Hours: 1.25</p>	<p>A NEW SCHOOL YEAR: GETTING READY FOR A SUCCESSFUL YEAR</p> <p>By: Robbie B. Roberts</p> <p>Harris Early Learning Center</p> <p>How you begin a new school year can have a significant impact on children, families and teachers. As a director, learn how to use an intentional approach that helps anyone who is new or returning feel excited about your program.</p> <p>Discover fresh ideas that are simple but powerful!</p>
<p>Training Target Group: Pre-school to School-Age</p> <p>Level: All</p> <p>Training Hours: 1.25</p>	<p>REV-UP STORYTIME! BEST READ-ALOUD STRATEGIES TO USE WITH PRESCHOOLERS AND YOUNG CHILDREN</p> <p>BY: Brenda Pritchett</p> <p>Independent Educational Consultant</p> <p>Reading aloud to children is the perfect way to engage children in the world of reading books. We will share skills to use before reading, during reading and after reading to children. We will share ideas and strategies to promote deeper learning during story time.</p>
<p>Training Target Group: preschool</p> <p>Level: Infant</p> <p>Training Hours: 1.25</p>	<p>BALANCING RESEARCH & REALITY</p> <p>By: Dr. Kimberly Johnson</p> <p>Simply Creative Works</p> <p>This session will focus on strategies to help providers stay motivated and engaged in the teaching process. Research informs us that early learning starts at conception and grows from there. We have a lot of work to do to make sure that our learners are prepared to thrive. This session will inspire participants to continue raising standards in their classrooms.</p>
<p>Training Target Group: Infant/ Toddler</p> <p>Level: Intermediate</p> <p>Training Hours: 1.25</p>	<p>ALL ABOARD! FULL S.T.E.A.M. AHEAD! Discovery For Our Smallest Innovators</p> <p>BY: Jonita Steele</p> <p>Harris Early Learning Center</p> <p>Come Aboard as we embark on a journey of exploration and discovery with science, technology, engineering, art, and music. Let's discover fun and innovative ways to enhance learning opportunities for our younger thinkers.</p>
<p>Training Target Group: All</p> <p>Level: Basic</p> <p>Training Hours: 1.25</p>	<p>POWERFUL INTERACTIONS: CONNECTING WITH CHILDREN TO PROMOTE HEALTHY SOCIAL AND EMOTIONAL DEVELOPMENT</p> <p>By: Sonia Free</p> <p>The power of interacting with a child is important for overall development. Interaction helps with literacy, self-esteem, social skills, turn taking, respect, age-appropriate self-help skills, self-regulation and self control. This session will provide ways to promote healthy social and emotional development in their classroom.</p>

<p align="center">Session 3 11:15 to 12:30</p>	<p>Pre select your first and second choice for each Session period. Indicate your first and second choice on page 5. Selections are on a 1st registered basis.</p>
<p>Training Target Group: Toddler Level: Beginner Training Hours: 1.25</p>	<p>THE ABC's of POTTY TRAINING By: Lisa Kirkland Heritage Child Development Center, Grady, Alabama Becoming potty trained is one of the greatest milestones in child development. This presentation will explore several options for helping children and parents reach this milestone. Participants will identify physical signs that indicate children are ready to be potty trained, identify common challenges associated with potty training, and identify potty training tips for children with special needs. (Session will include Lecture and small group discussions)</p>
<p>Training Target Group: Birth to 5 Level: Basic Training Hours: 1.25</p>	<p>LET'S FACE THE CHALLENGE TOGETHER! WHAT IS CHALLENGING BEHAVIOR & WHAT CAUSES CHALLENGING BEHAVIOUR BY: Amy Hasty & Erynn Lusk Department of Early Childhood Education In this session we will discuss what challenging behavior is and how becoming aware of our own beliefs and button pushers and the importance of adult well-being, relates to supporting young children with challenging behaviors. We will identify the three main causes for challenging behaviors, bring understanding to the dichotomy of relationships in helping to prevent challenging behaviors and some understanding of how trauma and toxic stress relate to challenging behaviors.</p>
<p>Training Target Group: All Level: Intermediate Training Hours: 1.25</p>	<p>PARTNERING WITH FOSTER and/or ADOPTIVE PARENTS to EDUCATE A TRAUMATIZED CHILD By: Ashley Tyson Tuscaloosa Christian School Participants will explore outward signs, symptoms, and behaviors of traumatized children; who are displaced following the trauma with foster and/or adoptive families. We will discuss positive discipline and reinforcement as they are crucial for behavior man-</p>
<p>Training Target Group: All Level: All Training Hours: 1.25</p>	<p>HELP ME GROW ALABAMA: A TOOL FOR PARENTS AND PROFESSIONALS By: Katie Prince and Murrey McDonald Alabama Partnership for Children Help me grow Alabama connects families and young children to health and developmental services so children can start school healthy and ready to succeed. In this session, participants will learn best practices surrounding developmental screening and steps to ensure successful linkage to services. In addition, participants will discover how they can gain access to the tools and supporting materials to help identify concerns early; helping to engage parents in the process.</p>
<p>Training Target Group: Preschool Level: basic Training Hours: 1.25</p>	<p>THE POWER OF ENCOURAGEMENT By: Sarritha Scales Child Care Central Praise is good but encouraging someone is better! Probably the most challenging shift for many teachers is the shift from praising to encouraging. In this training, participants will be able to differentiate between praise and encouragement and how to properly utilize encouragement in their setting.</p>
<p>Training Target Group: Preschool Level: basic Training Hours: 1.25</p>	<p>BOYS & GIRLS: INTENTIONAL TEACHING OUTLINE By: Alissa Simpson Trinity Child Development Center Why are boys better than girls or are girls better than boys? We will look at factors that affect the learning process, and discuss other ideas that are gender specific and can be used in your classroom. The facilitator will discuss the 18 factors that affect the learning process.</p>

2019 Stepping Stones Registration Form

Name: _____

Session 1 8:25 to 9:40 a.m. .

Your first choice selection and your second choice selection MUST be different!

Check your 1st Choice for Session 1	Check your 2nd Choice for Session 1
<input type="radio"/> EVERYDAY MATH	<input type="radio"/> EVERYDAY MATH
<input type="radio"/> DEVELOPING A PROGRAM SAFETY PLAN	<input type="radio"/> DEVELOPING A PROGRAM SAFETY PLAN
<input type="radio"/> THE MAGIC OF STEAM	<input type="radio"/> THE MAGIC OF STEAM
<input type="radio"/> WHY DO KIDS MISBEHAVE / INTERVENTION STRATEGIES TO PREVENT CHALLENGING BEHAVIORS	<input type="radio"/> WHY DO KIDS MISBEHAVE / INTERVENTION STRATEGIES TO PREVENT CHALLENGING BEHAVIORS
<input type="radio"/> BE COOL: CHILL OUT, DON'T BURN OUT!	<input type="radio"/> BE COOL: CHILL OUT, DON'T BURN OUT!
<input type="radio"/> HOW TO KEEP YOURSELF IN TACT: ADULT RESILIENCY	<input type="radio"/> HOW TO KEEP YOURSELF IN TACT: ADULT RESILIENCY

Session 2 9:50 to 11:05 a.m.

Your first choice selection and your second choice selection MUST be different!

Check your 1st Choice for Session 2	Check your 2nd Choice for Session 2
<input type="radio"/> NO MORE BITING	<input type="radio"/> NO MORE BITING
<input type="radio"/> A NEW SCHOOL YEAR: GETTING READY FOR A SUCCESSFUL YEAR	<input type="radio"/> A NEW SCHOOL YEAR: GETTING READY FOR A SUCCESSFUL YEAR
<input type="radio"/> REV-UP STORYTIME! BEST READ-ALOUD STRATEGIES TO USE WITH PRESCHOOLERS AND YOUNG CHILDREN	<input type="radio"/> REV-UP STORYTIME! BEST READ-ALOUD STRATEGIES TO USE WITH PRESCHOOLERS AND YOUNG CHILDREN
<input type="radio"/> BALANCING RESEARCH & REALITY	<input type="radio"/> BALANCING RESEARCH & REALITY
<input type="radio"/> ALL ABOARD! FULL S.T.E.A.M. AHEAD! Discovery For Our Smallest Innovators	<input type="radio"/> ALL ABOARD! FULL S.T.E.A.M. AHEAD! Discovery For Our Smallest Innovators
<input type="radio"/> POWERFUL INTERACTIONS: CONNECTING WITH CHILDREN TO PROMOTE HEALTHY SOCIAL AND EMOTIONAL DEVELOPMENT	<input type="radio"/> POWERFUL INTERACTIONS: CONNECTING WITH CHILDREN TO PROMOTE HEALTHY SOCIAL AND EMOTIONAL DEVELOPMENT

Session 3 11:15 to 12:30

Your first choice selection and your second choice selection MUST be different!

Check your 1st Choice for Session 3	Check your 2nd Choice for Session 3
<input type="radio"/> THE ABC's of POTTY TRAINING	<input type="radio"/> THE ABC's of POTTY TRAINING
<input type="radio"/> LET'S FACE THE CHALLENGE TOGETHER! WHAT IS CHALLENGING BEHAVIORS & WHAT CAUSES CHALLENGING BEHAVIOR?	<input type="radio"/> LET'S FACE THE CHALLENGE TOGETHER! WHAT IS CHALLENGING BEHAVIORS & WHAT CAUSES CHALLENGING BEHAVIOR?
<input type="radio"/> PARTNERING WITH FOSTER and/or ADOPTIVE PARENTS to EDUCATE A TRAUMATIZED CHILD	<input type="radio"/> PARTNERING WITH FOSTER and/or ADOPTIVE PARENTS to EDUCATE A TRAUMATIZED CHILD
<input type="radio"/> HELP ME GROW ALABAMA: A TOOL FOR PARENTS AND PROFESSIONALS	<input type="radio"/> HELP ME GROW ALABAMA: A TOOL FOR PARENTS AND PROFESSIONALS
<input type="radio"/> THE POWER OF ENCOURAGEMENT	<input type="radio"/> THE POWER OF ENCOURAGEMENT
<input type="radio"/> BOYS & GIRLS: INTENTIONAL TEACHING OUTLINE	<input type="radio"/> BOYS & GIRLS: INTENTIONAL TEACHING OUTLINE

2019 Stepping Stones Registration Form

*Learner Name (Please Print):	*Learner Address: (Include Street Address, City, State and Zip Code)	
*Learner Home Phone: *Cell Phone:	*Learner Email:	
*What is your role in working with children? <input type="checkbox"/> Center Director <input type="checkbox"/> Group Home Assistant <input type="checkbox"/> Parent <input type="checkbox"/> Center Teacher <input type="checkbox"/> Interested in Family Child Care Home <input type="checkbox"/> Other <input type="checkbox"/> Family Child Care Home Licensee <input type="checkbox"/> Interested in Being a Center Director <input type="checkbox"/> Group Home Licensee <input type="checkbox"/> Relative Care Provider		
*Employer Name:	*Employer Address:	
*Business Phone:	*Business Email:	*Business County:
*Number of Children served:		<input type="checkbox"/> Blount <input type="checkbox"/> Shelby <input type="checkbox"/> Jefferson <input type="checkbox"/> Walker
*Type of Child Care Provider: <input type="checkbox"/> Child Care Center <input type="checkbox"/> Relative Care <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Family Child Care Group Home		*Is this Provider : <input type="checkbox"/> Licensed <input type="checkbox"/> Licensed-Exempt

Please choose ONE of the following for lunch from Jason's Deli

Drinks will be provided with your lunch. Vending machines are also available.

CHOOSE ONE:

Box Sandwich includes chips and cookie

- Oven Roasted Turkey, leafy lettuce, tomato on deluxe bread. With Chips and Pickle
- Smoked Ham leafy lettuce, tomato on deluxe bread. With Chips and Pickle

Simply Salad includes lettuce, carrots, cucumbers, tomatoes and cheese on the side; breadsticks and brownie.

- Simply Salad with assorted greens with Ranch dressing
- Simply Salad with assorted greens with Vinaigrette dressing

Your name badge will hold your breakfast ticket and lunch ticket!

Sessions that you choose will be printed on the back of your name badge.

Stepping Stones 2019

REGISTRATION PROCEDURES

**** For Centers, Providers, or Groups that are registering (sending) 10 registrants, the 11th person will be free.

All forms must be paid together. ****

- * One applicant per registration form. You may duplicate the form as needed.
- * Please register using our registration form. **BOTH PAGES OF THE FORM MUST BE COMPLETE!**
- * Select training sessions on the next page of this form indicating your first and second choice.
- * Training sessions are enrolled on a first come first serve basis. Please choose a 1st and 2nd training choice for each session.
- * Conference registration must be paid in full before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. Registration is not complete without payment.
- * **NO REFUNDS (or changes) after Friday, July 12 2019.**
- * Mail check and forms to: Stepping Stones Conference, Jefferson State Community College, Attn. Ronda Charing : 2601 Carson Road, Birmingham AL 35215
- *

\$45 Registration Fee (per person) * see above

NO ON SITE REGISTRATION

Registration Deadline: WEDNESDAY July 10, 2019

- An email confirming registration will be provided; be sure to print legibly for proof of payment is required for your registration to be complete. Individual, Group, or Organization registrations please designate an email for confirmation here:
_____ @ _____
- You may Print this registration and submit along with a check or money order to Jefferson State via mail. (See above instructions)
- Credit Cards will be processed in person at one of the 4 JSCC locations; call 205-856-7701 for locations and hours. .

Registration Deadline: WEDNESDAY July 10, 2019

NO CHANGES AFTER FRIDAY, JULY 12, 2019