

Personal Care Worker

Central Alabama Wellness

This is an announcement for openings for Employment under the Department of Mental Health providing Personal Care for individuals with an Intellectual Disability.

An Intellectual Disability is any individual with an IQ below 70 that has difficulty thinking, processing, participating, and understanding different aspects in general life.

Life skills that can be impacted include certain conceptual, social, and practical skills.

The different needs of individuals with ID means that some person(s) may need assistance with Daily Living Skills. Services are typically provided to participants who live in their own home with family members or other responsible person who can assist with the responsibilities of administering a self-directed services program.

Personal Care Definition: PCS are categorized as a range of human assistance provided to persons with disabilities and chronic conditions to enable them to accomplish activities of daily living (ADLs) or instrumental activities of daily living (IADLs).

ADLs are activities a beneficiary engages in to meet fundamental needs on a daily basis, such as eating, bathing, dressing, ambulation, and transfers from one position to another.

IADLs are day-to-day tasks that allow an individual to live independently but are not considered necessary for fundamental daily functioning. Tasks can include meal preparation, hygiene, light housework, and shopping for food and clothing.

To Apply:

If this is a position you are interested in and would like more information please contact **Raven Moss** at **rmoss@Centralalabamawellness.org** or at **205-688-0859**.