

## Nourish Foods Seeking Prep Cooks

Monday-Friday 8-3pm - Downtown Birmingham

Prepared Meals company looking for prep cook(s) that want to learn more about making great food! Work in a small company that doesn't have the late hours or pressure of a high volume catering company or restaurant.

Cooks will prepare meal components for our brand, assemble meals and perform adjacent tasks (such as dishwashing, cleaning and sealing meals).

REQUIREMENTS: Willingness to work a MUST! Desire to learn. Attention to detail. Knife Skills. Ability to lift 30lbs without assistance. Reliable transportation. Ability to work efficiently without constant supervision. Food Handlers certificate desired - we will pay for the test if you don't have it already. Must be able to read English well enough to work. Problem solver. Desire to grow your impact in our business.

To apply, please send resume to [tiffany@nourishmeals.com](mailto:tiffany@nourishmeals.com)