

## Preceptor Manual

2023-2024

## JEFFERSON STATE COMMUNITY COLLEGE NURSING EDUCATION PROGRAM

Dear Preceptor,

The faculty of the Nursing Education Program of Jefferson State Community College wants to thank you for devoting your expertise, time, and patience to serve as a preceptor to our nursing students.

Preceptors are vital in assisting our students in making the transition from the student role to the staff nurse role with minimal difficulty. Preceptors provide supervision so that students may obtain experience in practice settings and foster professional development of students in the roles of a registered nurse. As a role model to students, a preceptor has a direct impact on the quality of patient care.

This handbook is prepared to provide you with information about our nursing program, including our mission and philosophy, preceptorship requirements, NUR 221 course objectives, and evaluation of student progress. Please contact the program faculty any time should further information be needed.

We value your participation in the role of preceptor and commend you for your contribution to associate degree nursing education. Please share with us any comments or suggestions that you think could enhance this experience.

Sincerely,

Jefferson State Community College Nursing Education Program Faculty

### Faculty Contact Information

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### Alabama Community College System Nursing Program Mission/Philosophy

**Mission -** The mission of the nursing programs of the Alabama Community College System is to prepare graduates to practice safe, competent, patient-centered care in an increasingly complex and rapidly changing health care system. We seek to provide full and equal access to opportunities for educational success to meet the community needs.

**Philosophy -** We believe that nursing is a dynamic profession, blending science with the use of evidence-based practice and clinical reasoning and the art of caring and compassion to provide quality, patient-centered care.

We believe learning is an interactive process in which faculty and students share responsibility to meet program outcomes. We believe in using educational methods that are current and supportive of students in the teaching and learning environment, with the presentation of information from simple to complex.

Nursing is guided by standards of practice and standards of professional performance. Standards reflect the values and priorities of the nursing profession. Therefore, we have integrated competencies from the Quality and Safety Education for Nurses (QSEN) and National League of Nursing (NLN) into our philosophy as part of our core values.

#### **END OF PROGRAM STUDENT LEARNING OUTCOMES**

**Competencies** – NLN competencies for nursing are central to the conceptual framework. The related QSEN competencies for graduate nurses define the knowledge, skills, and attitudes that the graduate nurse should possess to continuously improve the quality and safety of the healthcare systems within which they work. (QSEN)

**Human Flourishing**- Advocate for patients and families in ways that promote their self-determination, integrity, and ongoing growth as human beings. (NLN def)

**Patient-Centered Care** – Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient's preferences, values, and needs. (QSEN def)

**Nursing Judgment-** Make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care and that promote the health of patient within the family and community context. (NLN def)

**Safety** – Minimizes risk of harm to patients and providers through both system effectiveness and individual performance. (QSEN def)

**Informatics** – Use information and technology to communicate, manage knowledge, mitigate error, and support decision making. (QSEN def)

**Professional Identity**- Implement one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to evidence-based practice, caring, advocacy, and safe, quality care for diverse patients within a family and community context. (NLN def)

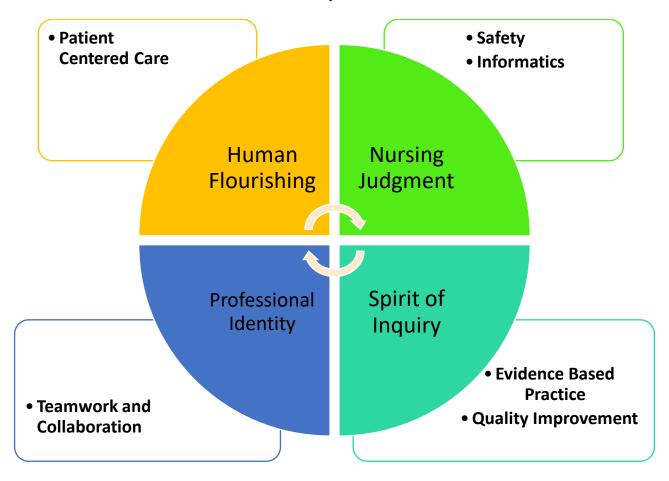
**Teamwork and Collaboration** – Function effectively within nursing and interprofessional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care. (QSEN def)

**Spirit of Inquiry**- Examine the evidence that underlies clinical nursing practice to challenge the status quo, questions underlying assumptions, and offer new insights to improve the quality of care for patients, families, and communities. (NLN def)

**Evidence-based practice** – Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care. (QSEN def)

**Quality Improvement** – Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems. (QSEN def)

#### I. Conceptual Framework



The conceptual framework derived from the philosophy forms a basis for the organization and structure of the nursing curriculum. This framework serves as a guide for nursing instruction in the attainment of student learning outcomes.

The framework consists of concepts that encompass the qualities of a successful graduate nurse. NLN competencies were chosen because they specifically define the competencies of the graduate Associate Degree Nurse. QSEN competencies reflect current contemporary practice. Concepts interlace NLN and QSEN competencies to achieve the goal of providing graduate nurses with the tools needed to provide holistic care in an ever-changing health care delivery system. Each competency includes knowledge, skills, and attitudes to serve as a basis for consistent performance expectations across academic and practice settings.

## ACCS NURSING CONCEPT CURRICULUM BASED ON NCLEX TEST PLAN (2016)

Safe & Effective Care 32%	Health Promotion &  Maintenance 9%	Psychosocial 9%	Physiological 50%
Management of Care 20% Manager of Care	Health Promotion & Maintenance 9%	Psychosocial 9% Psychosocial Well-being	Basic Care and Comfort 9% Functional Ability
Evidence Based Practice Leadership Assignment, Delegation, and Supervision Performance Improvement (QI) Concepts of Management Establishing Priorities Case Management and Referral Continuity of Care Professionalism Advocacy and Client Rights Advanced Directives and Informed Consent Clinical Judgment Ethical Practice Legal Rights and Responsibility Communication Collaboration Confidentiality Healthcare Delivery System Technology and Informatics Confidentiality and Information Security	Health Promotion  Health Assessment and Screening Self-Care Health Promotion and Disease Prevention Teaching/Learning Lifestyle Choices High Risk Behaviors  Growth & Development Aging Process Ante/Intra/Postpartum and Newborn Care Developmental Stages and Transitions	Mental Health Concepts Abuse/Neglect Behavioral Interventions Chemical & Other Dependencies and Substance Use Disorder Coping Mechanisms Crisis Intervention Cultural Awareness and Cultural Influences End of Life Organ Donation Family Dynamics Grief & Loss Religious and Spiritual Influences Stress Management Support Systems Therapeutic Communication and Environment	Assistive Devices Elimination Mobility and Immobility Non-Pharmacological Comfort Interventions Nutrition and Oral Hydration Personal Hygiene Rest & Sleep Sensory/Perceptual

Safety and Infection Control 12%	
Safety	
Accident, Error, and Injury Prevention	
Ergonomics	
Handling Hazardous & Infectious Materials	
Home Safety	
Reporting of Incident, Event, Irregular	
Occurrence, or Variance	
Safe Use of Equipment	
Use of Restraints and Safety Devices	
Emergency Response and Security Plan	
Standard Precautions, Transmission-Based	
Precautions, Surgical Asepsis	
Immunity	
Inflammation	
Infection	
	Physiological Adaptation 14% &
	Reduction of Risk Potential 12%
	Gas Exchange
	Pathology/Alterations
	Hemodynamics
	Perfusion
	Pathology/Alterations
	Hemodynamics
	Cellular Regulation
	Pathology/Alterations
	Acid/Base
	Cancer/Tumors
	Fluid & Electrolyte
	·
	Pathology/Alterations IV Therapy
	Medical Emergencies
	Pathology/Alterations

Meta-concepts are highlighted

## Alabama Community College System Nursing Program Outcomes

#### 1. Performance on Licensure Exam

At least 80% of all first-time test takers during the same time period will pass NCLEX-RN on 1<sup>st</sup> attempt.

#### 2. Program Completion

Each program will determine the program completion rate based on characteristics of the program's student demographics. At least 35% of students will graduate from the nursing program within five semesters, 100% of plan of study beginning with the first required nursing course as delineated below:

AAS in Nursing – five semesters

#### 3. Job Placement

At least 95% of graduates will be employed as an RN within 6-9 months of graduation.

#### Jefferson State Community College Nursing Education Program

#### STUDENT NURSE PRECEPTORSHIP POLICY and PROCEDURE

Approved by Curriculum Committee: 11/30/15 Effective: Spring 2016; Revised Summer 2023

#### POLICY:

Jefferson State Community College Nursing Education Program has as a requirement of the Associate of Science Degree in Nursing, a preceptorship experience in the 5<sup>th</sup> semester, NUR 221 Advanced Evidence-Based Clinical Reasoning. NUR 221 follows the course requirements set forth by The Alabama Community College System.

Preceptorship experiences are planned experiences in clinical agencies and require clearly defined objectives that match the student's needs. The 120-hour preceptorship provides the student with a faculty-planned and an RN preceptor supervised clinical experience with the goal of enabling the student to transition from the role of student to the role of professional nurse. Additionally, the preceptor experience allows students the opportunity to apply and synthesize knowledge in the clinical setting. The preceptor functions in a role that enhances the student's learning experiences and is not a substitute or replacement for nurse faculty. The preceptor functions to assist in meeting the defined student objectives. The role of the faculty advisor is that of facilitator of the total preceptorship by planning, monitoring, and evaluating the preceptorship experience throughout its entirety. The nurse 221 faculty advisor maintains the ultimate responsibility and accountability for the student's achievement of the course objectives and the evaluation of the student.

#### PROCEDURE:

The faculty, in collaboration with nurse educators and managers of the contracted clinical facilities, provide an educational experience designed to meet the NUR 221 course objectives. The preceptorship includes a minimum of 120 clinical hours under the direct supervision of an assigned RN preceptor, utilizing the clinical setting as a simulated entry level practice experience.

- 1. Hospitals are notified of preceptors requested by NUR 221 faculty. A preceptor is an employed RN of the facility with an unencumbered RN license, preferably with a BSN degree or at least three years of experience.
- Preceptor assignments are made by the hospitals' nurse educator coordinators with input from unit nurse managers. Qualifications of the preceptors are verified by the NUR 221 faculty and documented on the student-preceptor agreement form.

- 3. The preceptor assignments are sent to NUR 221 faculty for approval and dispersed to students.
- 4. The student receiving an assignment must have all medical record requirements and CPR certification current.
- 5. Students receive an orientation to NUR 221 including specific student responsibilities of preceptorship.
- 6. Preceptors receive an orientation to NUR 221 including a copy of the Preceptor Manual and link to the Preceptor Manual and the Student Nursing Handbook.
- 7. Student-preceptor agreements are turned into NUR 221 faculty **prior** to beginning preceptorship or prior to the 2<sup>nd</sup> preceptor day.
- 8. Students and preceptors complete a clinical log for each clinical experience, and conference at midterm and at the conclusion of the preceptorship experience. NUR 221 faculty meets with students and consults preceptors periodically during the preceptorship experience, including midterm and final conferences. Communication between NUR 221 faculty and preceptors is achieved through visits, e-mail, and/or phone contact and is documented on the student's clinical evaluation form (ClinPrep).
- 9. NUR 221 faculty, with input from the preceptor, evaluates student clinical performance and determines if the student has achieved course objectives.
- 10. Students have an opportunity to evaluate NUR 221 and the preceptor experience.
- 11. Final grade of the NUR 221 Preceptor Course experience is determined by the NUR 221 course coordinator.
- 12. The NUR 221 preceptor student is to meet with the NUR 221 course coordinator or designated faculty prior to graduation.

# JEFFERSON STATE COMMUNITY COLLEGE NURSING 221 PRECEPTORSHIP RESPONSIBILITIES

- 1. Assist student in learning activities and contribute to the student's perception of a nurse role-model.
- 2. Become familiar with course/clinical objectives in order to guide student to meet the objectives for the learning experience. Review and complete the Preceptor orientation PowerPoint.
- 3. Read and complete the preceptor checklist (Expectation of Preceptors) prior to or on the first preceptor day. This must be returned to the faculty immediately.
- 4. Approve planned student activities prior to allowing the student to begin the clinical experience.
- 5. Sign the student's Clinical Log form at the end of each clinical experience to verify the hours spent in the clinical area.
- 6. Add comments regarding the student's level of performance at the end of each clinical experience.
- 7. If at any time during the preceptor experience you feel a student's behavior is unsafe or unsatisfactory, please notify the faculty contact person immediately.

Faculty:	_Office Number: _	_ email)	
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- 8. Assume responsibility for guiding the student's clinical assignment based on assessment of the student's level of knowledge.
- 9. Assess and document the student's performance on the clinical evaluation tool online each preceptor day. (ClinPrep).
- 10. Assess and document the student's performance of skills listed on the Skills Record (obtained from the student).
- 11. Complete a final evaluation at the completion of the 120-hours of preceptorship. If any of the daily evaluations are unsatisfactory, notify the student's faculty/classroom advisor immediately.
- 12. Discuss the student's attainment of the course/clinical objectives with the faculty/classroom advisor.
- 13. Policy prohibits students from:
  - a. accepting verbal or phone orders from physicians or other hospital personnel.
  - b. signing as a witness for legal documents (informed consent).
  - c. obtaining blood components from the blood bank. (The student may only initiate

administration of blood and blood products under the direct supervision of the preceptor and the preceptor must sign all approved forms.)

- d. administering medications without verification by the preceptor.
- 14. Students may administer IVs and IV medications in accordance with the institution's Intravenous Therapy Policy.
- 15. All invasive procedures, including parenteral medication administration, must be done under the supervision of the preceptor.
- 16. Students have not had the opportunity to take off physicians' orders. If the preceptor allows students to participate in this responsibility, all orders must be co-signed by the preceptor.

#### **NUR 221 Student Guidelines for Preceptorship**

- 1. Schedule an appointment with your assigned preceptor. Take the Student-Preceptor Agreement. You and your preceptor will complete at this meeting. The Preceptorship Manual should already have been given to the preceptor.
- 2. Negotiate dates and times to complete your preceptorship. You must work the scheduled days and times as the preceptors. (For example, if the preceptor starts at 0645, so must you.)
- 3. Submit the original copy of the completed "Student-Preceptor Agreement" prior to beginning preceptorship or prior to the 2<sup>nd</sup> preceptor day. The agreement must have your signature and the signature of the preceptor and faculty advisor before attending the 2<sup>nd</sup> preceptor day. Make 2 additional copies of the agreement. The original copy goes to the faculty advisor. E-mail or hand-deliver a copy of the agreement to your preceptor. The 2<sup>nd</sup> copy is yours and is to be turned in with your completed work at the end of your preceptorship.
- 4. After each preceptor day, ask your preceptor to complete the clinical evaluation (ClinPrep). Make an appointment with your faculty advisor and bring your folder with signed clinical logs for midterm evaluation.
- 5. Notify your NUR 221 faculty advisor of any changes in your preceptor schedule that has changed from your original preceptor agreement.
- 6. If there are problems or issues that arise during your preceptorship, please contact your faculty to discuss.
- 7. At the end of the semester, you must turn in the completed folder containing the following:
  - a. Evaluation of the Laboratory Experience- all pages, completed by the preceptor and containing both the preceptor and student signatures.
  - b. Student-Preceptor Agreement.
  - c. Summary Clinical Log indicating a total of 120-hours were completed.
  - d. Student Evaluation of Preceptor
- 8. If any issues arise during your preceptorship call your faculty advisor.

#### Remember:

Keep the preceptor informed of your needs and your strengths. Be assertive (not aggressive). Do not wait for your preceptor to tell you what to do. This preceptorship will only be as good as you make it.

#### JEFFERSON STATE COMMUNITY COLLEGE NURSING 221 STUDENT-PRECEPTOR AGREEMENT

fror	n	has agreed to supervise
(Name of Preceptor)	(Name of Institution)	•
	from Jefferson State Comn	nunity College on
(Name of Student)		(Clinical Unit)
It is agreed the preceptor will not a time.	have supervisory responsi	bilities for more than one student at
It is agreed the clinical experienc	e will take place on the follo	owing dates:
The hours of the experience will listed dates.	begin at and e	end at for each of the
(Student Signature)	(Date)	(Phone Number)
(Preceptor Signature)	(Date)	(Phone Number)
(Faculty Signature)	(Date)	(Phone Number)
Preceptor's # years' experience	as RN:	
Highest nursing degree: (circle o	one) ADN BSN MSN	DNP
Is preceptor currently pursuing help of the second	nigher nursing degree? (cir	cle one) Yes No

Original: Faculty Advisor Copy: Preceptor Copy: Student

### **Preceptor and Faculty Checklist**

Treeptor and ractive entermist		
EXPECTATIONS OF PRECEPTORS		
Review Nursing Education Program (NEP) policies regarding student preceptor guidelines,	Date	Initial
Communicate start date and time with student		
Review PowerPoint documents related to the clinical course and seek		
clarification if needed		
Review Family Educational Rights and Privacy Act (FERPA)		
https://www2.ed.gov/policy/gen/guid/fpco/ferpa/index.html		
Orientation		
Orient student to clinical site, clinical site policies, EHR, and clinical		
team.		
Discuss course objectives, course requirements, student learning		
goals, and clinical experience expectations with the student		
Outline appropriate tasks, patient cases, and caseload for each day		
Establish plan for student progression from observing to conducting		
visits with minimal intervention		
Clinical Experience		
Model clinical skills and professional/ethical behaviors for student		
learning		
Ensure all invasive clinical interventions are supervised by licensed RN		
Include student as part of the healthcare team and encourage		
interprofessional collaboration between student and other team		
members		
Verify student clinical hours		
Communication		
Communicate to faculty pertinent feedback regarding student		
performance and learning progression related to course expectations		
and requirements		
Be available for virtual, face-to-face visits, or phone calls		
Evaluation		
Complete appropriate evaluation forms at intervals outlined in course		
Discuss evaluation(s) with student providing constructive feedback on		
strengths, weaknesses, and a plan for improvement		
Submit all course required documents to the nurse faculty		

Preceptor Signature	Date
Signature	Butc
Student Name :	

### **Preceptor and Faculty Checklist**

EXPECTATIONS OF FACULTY		
Communicate start date and time with preceptor/clinical site point of	Date	Initial
contact		
Identify preceptor's preferred method of communication		
Send documents related to preceptor clinical course to preceptor		
Review expectations of preceptor and student roles		
Discuss course objectives, course requirements, student learning		
goals, grading, documentation guidelines and clinical experience		
expectations with the preceptor		
Orientation		
Provide Faculty Contact information to preceptor		
Discuss the purpose, frequency, length, and number of site visits with		
the preceptor.		
Offer face-to-face or online orientation		
Clinical Experience		
Monitor the student throughout the preceptor experience		
Review and confirm clinical hours		
Communication		
Engage in open communication with preceptor regarding student performance		
Schedule virtual, face-to-face, or phone visits with preceptor and student, as needed		
Evaluation		
Collect and review evaluation forms completed by the preceptor and		
student at intervals		
Discuss evaluation(s) with student providing constructive feedback on		
strengths, weaknesses, and a plan for improvement		
Review final evaluation submitted by preceptor, discuss with student		
and have student sign		
Provide preceptor with feedback about student's preceptorship		
experience based on student evaluation of preceptor, as needed		

Faculty Signature	Date	

### **NUR 221 Clinical Summary Log**

ate	Time In	Time Out	Total Time	Preceptor Initials	Comments
		1			1
/ all t	the times lis	sted and all r	naterials s	submitted are	complete and accurate.
					Student signature

#### **Skills Checklist**

The following is a list of skills for which the student has received instruction and demonstration. In some instances, the student has practiced the skill in a school laboratory setting and may or may not have had the opportunity to perform all the skills in the clinical area.

The preceptor may use this list to assist in planning and evaluating the preceptor experience. The preceptor will write the date after each skill when it has been performed and any comments that might be helpful in the completion of the clinical evaluation form at the mid-term and final evaluations. The student will provide the preceptor with the Skills Checklist at the beginning of the experience. The student will include the Checklist with the Log at the completion of the preceptor experience.

Skill	Date	Comment
Restraints		
Hair Washing		
Bed pan		
Urinal		
Feeding Patient		
Denture Care		
Shaving male patient		
Range of motion		
Transfer of patient		
Wound Care Dressing change Staple removal Suture Removal Power spray		
Cast Care  Foley Catheter Cath care Insertion Removal Making occupied bed		
Postmortem Care		
TED Hose		
PAS/SCD Hose		
Medications Oral Intramuscular Subcutaneous		

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Decubitus care  Gastrostomy Tube NG Tube Care Insertion Feedings Suction  Oxygen Therapy  Ostomy Care  Enema  Rectal Tube Insertion  Remove Fecal Impaction	Care of patient with CVL	
Decubitus care  Gastrostomy Tube NG Tube Care Insertion Feedings Suction  Oxygen Therapy  Ostomy Care  Enema  Rectal Tube Insertion  Remove Fecal Impaction	100	
Gastrostomy Tube NG Tube Care Insertion Feedings Suction Oxygen Therapy Ostomy Care  Enema Rectal Tube Insertion Remove Fecal Impaction	I&O	
Gastrostomy Tube NG Tube Care Insertion Feedings Suction Oxygen Therapy Ostomy Care  Enema Rectal Tube Insertion Remove Fecal Impaction	Decubitus care	
NG Tube Care Insertion Feedings Suction Oxygen Therapy Ostomy Care Enema Rectal Tube Insertion Remove Fecal Impaction	Decapitas care	
NG Tube Care Insertion Feedings Suction Oxygen Therapy Ostomy Care Enema Rectal Tube Insertion Remove Fecal Impaction	Gastrostomy Tube	
Care Insertion Feedings Suction  Oxygen Therapy  Ostomy Care  Enema  Rectal Tube Insertion  Remove Fecal Impaction	NG Tube	
Insertion Feedings Suction  Oxygen Therapy  Ostomy Care  Enema  Rectal Tube Insertion  Remove Fecal Impaction		
Feedings Suction Oxygen Therapy Ostomy Care Enema Rectal Tube Insertion Remove Fecal Impaction		
Suction Oxygen Therapy Ostomy Care Enema Rectal Tube Insertion Remove Fecal Impaction		
Oxygen Therapy Ostomy Care Enema Rectal Tube Insertion Remove Fecal Impaction	Suction	
Ostomy Care  Enema  Rectal Tube Insertion  Remove Fecal Impaction		
Enema  Rectal Tube Insertion  Remove Fecal Impaction	Oxygen merapy	
Rectal Tube Insertion  Remove Fecal Impaction	Ostomy Care	
Remove Fecal Impaction	Enema	
Remove Fecal Impaction	Pactal Tube Insertion	
Stool Specimen		
	Stool Specimen	

Urine Specimen	
Midstream	
24- hour	
Sterile for C&S	
Apply Condom Catheter	
Blood Sugar	
Traction	
Sterile Feld	
Preparing	
Maintaining	
Drains (JP, etc.)	
Care	
Removal	
Incentive Spirometer	
Tracheostomy	
Care	
Suctioning	
Oral Suctioning	
Chest Tubes	
Collect Sterile Sputum Specimen	
Isolation	
Ventilators	
ET Tube Suctioning	
EKG Monitoring	
Care of patient with arterial line	
Hemodynamic Monitoring	

Jefferson State Community College
Nursing Education Program
NUR 221 Advanced Evidence-Based Clinical Reasoning
JSCC Nursing Student Evaluation of Preceptor

Semester	Preceptor's Name:				
Clinical Agency/Unit:		Student:			
Highest Degree Obtai	ned:	Years Experience:			
Please select ratings according to the following scale:					

5 = Always 4 = Frequently 3 = Occasionally 2 = Rarely 1 = Never

The p	receptor:	5	4	3	2	1
1.	Demonstrated effective interpersonal communication skills					
2.	Demonstrated caring behaviors to clients, peers, and student.					
3.	Demonstrated professional behaviors to clients, peers, and students.					
4.	Provided adequate support and mentoring.					
5.	Allowed me independence when appropriate.					
6.	Assisted me in identifying goals and needs for experience.					
7.	Provided immediate and adequate feedback.					
8.	Encouraged me to provide safe appropriate nursing care and complete procedures.					
9.	Demonstrated support of JSCC Nursing Program, faculty, and students.					
10	Should continue to be utilized for NUR 221.					

If you selected 3 or lower on any item, please notify the nursing faculty and describe rating below:							