



# Alabama Community College System

## HED 231 First Aid

### I. HED 231 First Aid —3 Semester Hours

### II. Course Description

This course provides instruction to the immediate, temporary care which should be given to the victims of accidents and sudden illness. It also includes standards and advance requirements of the American Red Cross, and/or American Heart Association. CPR and AED training is also included. A 2-year BLS card can be obtained for a small fee.

### III. Prerequisite

None

### IV. Textbook

Two Books required not optional:

1. *Heartsaver First Aid Student Workbook*-American Heart Association  
ISBN #978-1-61669-829-4
2. *BLS for Healthcare Providers Student Manual*-American Heart Association  
ISBN #978-1-61669-768-6

### V. Course Learning Outcomes

By the end of the course, students will be able to:

1. provide basic care for injury or sudden illness.
2. describe techniques uses in the assessment and treatment of injuries.
3. identify life threatening injuries and demonstrate appropriate medical responses.
4. explain the function of the emergency medical system and define their role in emergency response.
5. perform life saving techniques for choking, rescue breathing, CPR, and use of AED for adults, children and infants.

### VI. Course Outline of Topics

1. First Aid
2. CPR
3. AED

### VII. Evaluation and Assessment

Grades will be given based upon A = 90 – 100%, B = 80 – 89%, C = 70 – 79%, D = 60

– 69%, and F = below 60%.

### **VIII. Attendance**

Students are expected to attend all classes for which they are registered. Students who are unable to attend class regularly, regardless of the reason or circumstance, should withdraw from that class before poor attendance interferes with the student's ability to achieve the objectives required in the course. Withdrawal from class can affect eligibility for federal financial aid.

### **IX. Statement on Discrimination/Harassment**

It is the official policy of the Alabama Community College System and entities under its control, including all Colleges, that no person shall be discriminated against on the basis of any impermissible criterion or characteristic, including, without limitation, race, color, national origin, religion, marital status, disability, sex, age, or any other protected class as defined by federal and state law. (ACCS Policies 601.02 and 800.00)

### **X. Americans with Disabilities**

*The Rehabilitation Act of 1973 (Section 504) and the Americans with Disabilities Act of 1990* state that qualified students with disabilities who meet the essential functions and academic requirements are entitled to reasonable accommodations. It is the student's responsibility to provide appropriate disability documentation to the College.